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## **TMJ Questionnaire**

NAMI	=			DATE		
CHIEF	CONCERN			DATE OF ONSET		
	PAIN SYMPTOMS			Do you feel or hear a clicking, popping, or		
	Do you get headaches?	Υ	N	cracking noise from either jaw joint?	Υ	Ν
	Do you get migraine headaches?	Υ	N	Has your Jaw ever locked, when you were		
	Do you frequently have neck aches?			unable to open or close?		Ν
	or stiff neck muscles?	Υ	Ν	Do you have any difficulty opening wide o	r	
	Have you ever had chronic back or			yawning?	Υ	Ν
	shoulder pain?	Υ	Ν	Have you ever had pain in either jaw joint	? Y	Ν
	Do you have trouble sleeping soundly?	Υ	'N	Does your jaw ache when you open wide?	Υ	Ν
	Are your jaws tired when you awaken?	Υ	′ N	Have you ever seen a dentist or TMJ spec	iali	st
	Are your teeth sore when you awaken?	Υ	'N	for any of the above symptoms?	Υ	Ν
	Have your wisdom teeth been extracted?	Y	N			
	What medications, if any are you taking?			EAR & EYE SYMPTOMS		
				Do you have pain in either ear?	Υ	Ν
	How often do you take medication for rel	lief (	of	Do you suffer from any loss of hearing?	Υ	Ν
	pain?			Do you have itchiness or stuffiness in		
	Do you get headaches in the right or left	tem	ple	either ear?	Υ	Ν
	areas?	Υ	N	Do you hear ringing, buzzing, or hissing		
	Do you get headaches in the front or back	k of		sounds in either ear?		Ν
	your head?		N	Do you wear glasses or contacts?		Ν
	Do you clench your teeth during the day?	Y	N	Are there times when your eyesight blurs?		Ν
	Do you clench your teeth while asleep?		N	Do you get pain in, around, or behind eith		
	When are your pain symptoms the worse	;?		eye?	Υ	N
	Does anything make you feel better?	Y	N	BREATHING		
				Do you have allergies?	Υ	Ν
	TRAUMA OR ACCIDENTS			Do you have sinus problems?	Υ	Ν
	Have you ever had a severe blow to the			Do you snore at night?	Υ	Ν
	jaw or head?	Υ	Ν	Is your nose stuffed when you don't have		
	Any whiplash neck injuries?	Υ	Ν	a cold?	Υ	Ν
	Have you ever been involved in any serio	us		Have you been diagnosed with Sleep		
	accidents, such as a car accident?			Apnea?	Υ	N
	Details:		-	Have you had a sleep study done at a		
				sleep clinic or hospital?	Υ	N
	JAW JOINT SYMPTOMS					
	Does your jaw feel tired after a big meal?		N	SignatureDate:		
	Are there any foods you avoid eating?		N			
	Do you ever feel faint?		N			
	Do you get dizzy?		N			
	Do you ever feel nauseated?		N			
	Is there a family history of jaw joint (TMJ)					
	problems or headaches?	Υ	N			